

1-on-1 Training

Package Size	Package Rate
1 Session	\$85
5 Sessions	\$400
10 Sessions	\$750
20 Sessions	\$1400

Semi Private Training (2-4 Clients)

Package Size	Package Rate
1 Session	\$100
10 Sessions	\$900
20 Sessions	\$1600

Monthly Unlimited Training

Package Length	Package Rate
1 month unlimited	\$199*
3 months unlimited	\$549*

Punch Cards

Package Size	Package Rate
1 Session	\$30
10 Sessions	\$249
20 Sessions	\$449
30 Sessions	\$629

Post-Physical Therapy

Call For Pricing

All Monthly Unlimited packages are pay in full only*

24 Hour cancellation required for 1-on-1 sessions

First Session always Free (New Clients only)
